

## Dome Menu JCP Autumn Term 2019

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Veggie pasta</b>	<b>Chicken/turkey</b>	<b>Savoury mince beef</b>	<b>Roast dish</b>	<b>Chip Friday</b>
Spaghetti bolognaise with vegetable crudités  * Baked potato  Fresh Fruit	Chicken & roasted seasonal vegetable cous-cous with tomato sauce salad crudités  * Baked potato  Fresh Fruit	Beef bolognaise Salad crudités  * Baked potato  Garlic and coriander naan bread  Fresh Fruit	Roast lamb Fresh seasonal vegetables with roast potatoes & gravy  * Baked potato  Fresh Fruit	Breaded haddock fillet Chips & Beans  Fruit jelly or fresh fruit
Tomato pasta bake with salad and vegetable crudités  * Baked potato  Fresh Fruit	Homemade chicken nuggets (breast fillet only) new potatoes seasonal vegetables Gravy  * Baked potato  Fresh Fruit	Beef bolognaise with vegetable crudités  * Baked potato  Garlic bread slice  Fresh Fruit	Oven roasted gammon, Fresh seasonal vegetables with roast potatoes & gravy  * Baked potato  Fresh Fruit	Fish fingers, Chips & Beans  Chocolate fudge brownie or fresh fruit
Macaroni cheese with broccoli & cauliflower vegetable crudités  * Baked potato  Fresh Fruit	Homemade chicken and vegetable pie boiled potatoes & seasonal vegetables  * Baked potato  Fresh Fruit	Meat balls with tomato sauce & pasta  * Baked potato  Garlic and coriander naan bread  Fresh Fruit	Roast turkey Fresh seasonal vegetables with roast potatoes & gravy  * Baked potato  Fresh Fruit	Grilled Cumberland sausage, Chips & Beans  Pain Au Chocolate or fresh fruit